

# **HEALTH CARE HERO**

## Would you like to work in a clinic or hospital?

## IN THIS COURSE:

- You will learn direct care skills for Nursing Assistant training; taking vital signs, weight, blood pressure
- You will learn the stages of human development
- You will learn how to provide direct care to patients, bathing, toileting, eating.



- You will learn Medical Terminology
- You will earn Northstar Digital Literacy Certificates in Email, Internet and Basic Computer skills
- You will explore careers in medical and health information fields
- You will develop communication and customer service skills

### CLASS MEETS: 3/4/2024-6/6/2024

#### Monday-Thursday, 8:30-10:30AM

LOCATION: In-person class at the Hubbs Center 1030 University Ave

#### **REGISTER FOR THIS FREE CLASS:**

Online through our website

www.spps/hubbs.org

